



March 17, 2023

School News

Sequim Middle School

Office Hours: 7:00-3:30 p.m.

Main Office 360-582-3500 Attendance 360-582-3503

What do I need to know before the week starts: 3/20-3/24

Part 5 "Middle School Matters" - Phyllis Fagelli -

Embracing Difference in Self and Others

Key Skills Impacted: 1- Make good friend choices, 5-Consider others' perspectives, 9-Make responsible, healthy, and ethical choices.

Top Tips for Parents:

- Don't shut down unpopular viewpoints. Engage in discussion, but set boundaries-your child can't say anything that degrades someone's humanity.
- Don't ignore disturbing events in the news involving racism, homophobia, or other forms of hate. Create a space for discussion.
- Talk about cultural identifiers and how they skew perspectives.
- Monitor your own biases. Family members can say "check that" to one another when someone makes a generalization about a group.
- Encourage authentic inclusion, not just a "hi" in the hall or one-off act of kindness.
- Think about who your child sees you befriending and treating with respect.
- Provide "windows and mirrors"-role models and images of beauty who look like them.
- Encourage them to draw from their own experiences with feeling different to others.
- Show examples of celebrities and successful professionals who leverage their so-called weaknesses into success.

Conversations Starters:

- "What differences and similarities have you noticed when you hang out with Michael?"
- "What do you think it's like to have to worry about that challenge?"
- "Why do you think kids find it scary to approach people who are different in some way?"
- "Did you hear that news story? If that happened here, how do you think kids at your school would react?"

Next Week 3/27-3/31...

Sports:

3/29: Wrestling @ Blue Heron

Logistics:

3/27: 6th grade Game Night, 2:45-4:00, SMS Gym, \$2 entrance fee, see flyer for more info

Sports:

3/22: Wrestling @ Stevens

Track sign ups now open. See Ms. Forshaw for paperwork or click [here](#) to download the forms.

Practice starts April 10, 2023.

Logistics:

3/20: Budget Community Forum, 5:00-6:00, SHS Library, childcare provided

3/23: Strategic Planning, 6-7:30, Guy Cole Center

CLUBS:

Mon: HOSA- Future Health Professionals, 2:45

Mon: Gamer Girls, CANCELLED THIS WEEK

Tue: Timberwolves Thunder Drumline, 2:45-4:00

Tue: Art Club, 2:45-3:45

Tue: Tea with Taylor, 2:45-3:45

Wed: Hiking Club, 2:45-4:00

Wed: Woodwind & Brass Club, 2:45-4:00

Wed: NASA Science Club, 3:00-4:00

Thurs: Fly Fishing Club, 2:45-4:00

Thurs: Sequim Thunder Drumline (Advanced), 2:45-4:00

Thurs: Dungeons and Dragons Club, 3:00-5:00

Thurs: Game Club, 2:45-4:00

Thurs: TSA e-sports, CANCELLED THIS WEEK

A week or more out...

Sports:

4/10: Track begins

4/10-4/14: SHS cheer tryouts (8th graders), 3:30-5:30, SHS Auxiliary gym, see flyer for more info

Logistics:

4/3-4/7: **SPRING BREAK**

4/13: Strategic Planning, 6-7:30, Guy Cole Center

4/17: 8th Grade Welcome Assembly, 9:30AM, SHS Auditorium

4/17: 8th Grade Parent Night, 6PM, SHS Cafeteria

4/18: Term 3 ends

4/24: 8th grade computer registration, 9:15AM, SMS Cafeteria



Please join us for

6TH GRADE GAME NIGHT

MONDAY, MARCH 27TH at 2:45 - 4PM

MIDDLE SCHOOL GYM

.....
GAMES, POPCORN AND MORE!
.....

Buy tickets for \$2 at student services

6th grade only



SEQUIM HIGH SCHOOL

SHS CHEER TRYOUTS

All individuals in 8th through 11th are welcome
to tryout!

APRIL 10TH - 13TH • 3:30PM - 5:30PM
APRIL 14TH • TRYOUTS BEGIN AT 3:30PM
SHS AUXILIARY GYM

Tryout packets are available in the high
school main office with Mrs. Lancheros.

For more information, please join the
tryout BAND group at the QR code below!

